

The Journey to Consciousness

What Have Others Said?

"ARC has changed my life in the most profound ways. What makes the work so important is not only the reward of an individual discovery of self, but that we become beacons of hope for others in the attainment of fuller presence."

Professor James Clauss, University of Washington

"It's the only method that has been able to lay out for me a specific and logical reasoning behind why change happens when the techniques are applied. There is no mystery here; this is not based in some airy-fairy, vague concept of "spiritual growth", but rather on a very logical sequence of reactions based solidly in psychological reality. It just makes sense, and all of it is based in a well-ordered system that serves real, lasting change."

ARC is the only healing technique I have ever learned that actually delivers on its promise: Permanent change."

Kristen McHenry – The Heart and Hope Foundation

"Pietro and Melanie both have the unique ability to be exceptional workshop leaders as well as personal one-on-one therapists – unlike anyone else I've ever come across. I haven't found anyone that can also combine their one-on-one talents with their workshop abilities. With their profound work you can get your life back."

Angelique DeNance – Seattle, Washington

Pietro and Melanie are the best teachers anywhere. They succeeded in moving us all into a greater awareness of who we are. Everybody should take ARC because it opens you up to each other. It creates a community within you and this extends out to everyone."

I cannot say enough about the course and the way they put it together. It's unlike anything else."

Jacquie Brock – Retired Registered Nurse, Powell River, BC

Pietro and Melanie are people and teachers I trust unconditionally. They have amazing skills personally and professionally yet they do not try to hide their fallibility and humanness. They are approachable and take responsibility for their own words and actions. They are not afraid to say sorry or admit they made a mistake.

ARC offers people complete acceptance as a student and a human being. ARC teaches amazing techniques and concepts for healing oneself and others that really work on a physical and a deep emotional level."

Anita McHarg – Pre-school Teacher, Seattle, Washington